



Korean Ladder Study Note

도시락 / 김밥

Korea's Packed-Lunch Everyday Culture

Level	Topic	Focus
A1 · Beginner TOPIK 1	Culture Food Culture	도시락 / 김밥 Korea's Packed-Lunch Everyday Culture

Study Links

Open this lesson on Korean Ladder

<https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-006>

Watch the full video on YouTube

<https://www.youtube.com/watch?v=pwmGpAgetk4>

Visit koreanladder.com for all free lessons

<https://www.koreanladder.com>

Core Idea

I know 김밥, but when someone says 도시락, do they mean the box, the food, or lunch itself?

좋은 질문이에요. 도시락은 밖에서 먹으려고 챙긴 한 끼를 말해요. In English, it can mean a packed meal, and sometimes the container too.

그리고 김밥은 밥과 재료를 김으로 말아 만든 음식이에요. It is a common packed food, especially from home, a shop, or a convenience store.

오늘의 핵심은 도시락을 싸요, 도시락을 사요, 김밥을 먹어요예요. These tell you whether lunch is packed, bought, or eaten.

Conversation Snapshot

Speaker	Korean	Meaning
Hana	오늘 도시락 싸 왔어요? —	Did you bring a packed lunch today?



Speaker	Korean	Meaning
Junho	네, 김밥도 가져왔어요. —	Yes, I brought gimbap too.
Hana	같이 나눠 먹을까요? —	Shall we share and eat together?
Junho	좋아요. 같이 먹어요. —	Sounds good. Let's eat together.

Vocabulary & Useful Expressions

Word	Meaning	Example
도시락 dosirak	packed meal; lunch box	좋은 질문이에요. 도시락은 밖에서 먹으려고 챙긴 한 끼를 말해요. In English, it can mean a packed meal, and sometimes the container too.
김밥 gimbap	gimbap; seaweed rice roll	그리고 김밥은 밥과 재료를 김으로 말아 만든 음식이에요. It is a common packed food, especially from home, a shop, or a convenience store.
도시락을 싸요 / 사요 dosirageul ssayo / sayo	I pack a lunch / I buy a packed lunch	오늘의 핵심은 도시락을 싸요, 도시락을 사요, 김밥을 먹어요예요. These tell you whether lunch is packed, bought, or eaten.
도시락을 싸요 dosirageul ssayo	I pack a lunch.	맞아요. 먼저 기본 문장을 들어 보세요. 도시락을 싸요 means I pack a lunch.
도시락을 dosirageul	Korea's Packed-Lunch Everyday Culture	발음도 하나만 볼게요. 도시락 뒤에 을이 오면 받침 기억이 이어져서 도시아글이 아니라 [도시라글]처럼 들려요.
도시락을 사요 dosirageul sayo	I buy a packed lunch / I buy a lunch box.	좋아요. 이번에는 사요예요. 도시락을 사요 can mean I buy a packed lunch, or I buy a lunch box, depending on context.
김밥을 사요 gimbabeul sayo	I buy gimbap.	If you mean buying lunch food, 점심을 사요 or 김밥을 사요 can be clearer. 김밥을 사요 means I buy gimbap.
도시락을 싸 왔어요 dosirageul ssa wasseoyo	I packed and brought a lunch.	맞아요. 그리고 집에서 가져온 점심은 이렇게 말할 수 있어요. 도시락을 싸 왔어요.



Grammar / Structure Notes

도시락

도시락 — packed meal; lunch box

food first, container by context

김밥

김밥 — gimbap; seaweed rice roll

often eaten as a quick meal or packed lunch

도시락을 싸요 / 사요

도시락을 싸요 / 사요 — I pack a lunch / I buy a packed lunch

싸요 = pack; 사요 = buy

도시락을 싸요

도시락 + 을 + 싸요 — I pack a lunch.

맞아요. 먼저 기본 문장을 들어 보세요. 도시락을 싸요 means I pack a lunch.

도시락을 싸요

도시락 + 을 + 싸요 — I pack a lunch.

도시락을 싸요. 여기서 싸요는 pack이라는 뜻이에요. You put food together to take with you.

Pronunciation Loop

Phrase	How to practice
도시락글	dosirageul
도시락글 싸요	dosirageul ssayo
도시락글 싸 와싸요	dosirageul ssa wasseoyo
도시락글 싸 와싸요 / 김밥도 가져와싸요	dosirageul ssa wasseoyo. gimbapdo gajyeowasseoyo
김밥도	gimbapdo
쌌어요 / 샀어요	ssasseoyo vs sasseoyo

Self-Check

- 1 Say 도시락 / 김밥 three times: slow, natural, then inside a short sentence.
- 2 Write one original sentence that was not in the video.
- 3 Rewatch the YouTube lesson and pause when the same pattern appears.



Related / Subsequent Studies

Lesson	Why study it next	Link
국 Telling Korea's Everyday Soups Apart	A1 Culture: compare 국 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-004
김치 / 반찬 / 밥 Korean Table Basics	A1 Culture: compare 김치 / 반찬 / 밥 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-001
누룽지 / 송늬 밥솥 바닥에서 태어난 한국의 구수한 마무리	A1 Culture: compare 누룽지 / 송늬 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-005
숟가락 / 젓가락 / 밥그릇은 안 들어요 Korean Table Utensils and Bowl Manners	A1 Culture: compare 숟가락 / 젓가락 / 밥그릇은 안 들어요 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-002

My Notes

Your ladder to fluent Korean. This PDF, the website, and the video lessons are free for personal study.