



Korean Ladder Study Note

김 / 미역 / 파래 / 다시마

Seaweed on the Everyday Korean Table

Level	Topic	Focus
A1 · Beginner TOPIK 1	Culture Food Culture	김 / 미역 / 파래 / 다시마 Seaweed on the Everyday Korean Table

Study Links

Open this lesson on Korean Ladder

<https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-011>

Watch the full video on YouTube

<https://www.youtube.com/watch?v=wldrmyHf9NQ>

Visit koreanladder.com for all free lessons

<https://www.koreanladder.com>

Core Idea

I have a real grocery-store problem. I see 김, 미역, 파래, and 다시마, and my brain just says, seaweed, seaweed, seaweed, seaweed.

좋은 질문이에요. In English, they can all be called seaweed, but in Korean food, they have different jobs.

오늘의 핵심은 이름을 외우는 것보다, 어디에 나오는지 알아보는 거예요. The goal is recognition: snack, soup, side dish, or broth.

패턴처럼 기억해 보세요. 김은 밥과 간식, 미역은 국, 파래는 반찬, 다시마는 육수예요.

Conversation Snapshot

Speaker	Korean	Meaning
Hana	오늘 반찬은 뭐예요? —	What are today's side dishes?
Junho	파래무침이 있어요. —	There is seasoned parae.



Speaker	Korean	Meaning
Hana	국은요? —	What about soup?
Junho	미역국이에요. —	It is seaweed soup.
Hana	김도 있어요? —	Is there gim too?
Junho	네, 밥이랑 같이 먹어요. —	Yes, we eat it with rice.

Vocabulary & Useful Expressions

Word	Meaning	Example
김 / 미역 / 파래 / 다시마 gim / miyeok / parae / dasima	laver / sea mustard / green laver / kelp	오늘의 핵심은 이름을 외우는 것보다, 어디에 나오는지 알아보는 거예요. The goal is recognition: snack, soup, side dish, or broth.
김은 밥과 간식, 미역은 국, 파래는 반찬, 다시마는 육수 gim-eun bap-gwa gansik, miyeok-eun guk, parae-neun banchan, dasima-neun yuksu	Gim: rice and snacks. Miyeok: soup. Parae: side dish. Dasima: broth.	패턴처럼 기억해 보세요. 김은 밥과 간식, 미역은 국, 파래는 반찬, 다시마는 육수예요.
상황으로 기억하기 sanghwang-euro gieokhagi	Remember by situation	So this is less like learning four synonyms, and more like learning four food situations.
김 gim	roasted laver; often with rice or as a snack	Ah, 김 is the crispy sheet. Like the seaweed snack I buy and immediately finish.
미역 → 미역국 miyeok → miyeokguk	miyeok → seaweed soup	So if someone says 미역국, I should think soup, not snack.
파래무침 paraemuchim	seasoned green laver side dish	무침은 양념해서 무친 반찬이에요. In simple English, it is a seasoned side dish.
파래 → 반찬 parae → banchan	parae → side dish	파래무침. That sounds like something next to rice, not the main soup.
다시마 → 육수 dasima → yuksu	kelp → broth stock	다시마는 보통 맛을 내는 재료예요. You may not eat a big plate of it. It often gives flavor to broth.



Grammar / Structure Notes

김 / 미역 / 파래 / 다시마

김 / 미역 / 파래 / 다시마 — laver / sea mustard / green laver / kelp

Recognize the food context first.

김은 밥과 간식, 미역은 국, 파래는 반찬, 다시마는 육수

김은 밥과 간식, 미역은 국, 파래는 반찬, 다시마는 육수 — Gim: rice and snacks. Miyeok: soup. Parae: side dish. Dasima: broth.

A simple culture map.

상황으로 기억하기

상황으로 기억하기 — Remember by situation

Where do you meet it on the table?

김을 먹어요.

김 + 을 + 먹어요 + . — I eat gim.

맞아요. First, 김. 김 is the thin roasted seaweed you often eat with rice, or as a crisp snack.

김밥에는 김이 들어가요.

김밥 + 에는 + 김 + 이 + 들어가요 + . — Gim goes into gimbap.

김밥의 김도 바로 이 김이에요. 김밥 is rice and fillings rolled in gim.

Pronunciation Loop

Phrase	How to practice
김	gim
미역	miyeok
미역국	miyeokguk
파래	parae
파래무침	paraemuchim
다시마	dasima
다시마로 육수를 내요.	dasima-ro yuksu-reul naeyo.

Self-Check

1 Say 김 / 미역 / 파래 / 다시마 three times: slow, natural, then inside a short sentence.



- 2 Write one original sentence that was not in the video.
- 3 Rewatch the YouTube lesson and pause when the same pattern appears.

Related / Subsequent Studies

Lesson	Why study it next	Link
계란말이 / 시금치나물 / 콩나물무침 Naming the Banchan on Your Table	A1 Culture: compare 계란말이 / 시금치나물 / 콩나물무침 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-007
국 Telling Korea's Everyday Soups Apart	A1 Culture: compare 국 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-004
길거리 토스트 / 계란빵 / 호두과자 Walk-and-Eat Street Snacks	A1 Culture: compare 길거리 토스트 / 계란빵 / 호두과자 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-009
김치 / 반찬 / 밥 Korean Table Basics	A1 Culture: compare 김치 / 반찬 / 밥 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-CULTURE-FCL-001

My Notes

Your ladder to fluent Korean. This PDF, the website, and the video lessons are free for personal study.