



Korean Ladder Study Note

양치 / 세수 / 샤워 / 목욕

Daily Washing and Hygiene Words

Level	Topic	Focus
A1 · Beginner TOPIK 1	Vocabulary Body & Health	양치 / 세수 / 샤워 / 목욕 Daily Washing and Hygiene Words

Study Links

Open this lesson on Korean Ladder

<https://www.koreanladder.com/lesson.html?id=KOR-A1-VOCAB-BOD-005>

Watch the full video on YouTube

<https://www.youtube.com/watch?v=Of5BMVgOIYI>

Visit koreanladder.com for all free lessons

<https://www.koreanladder.com>

Core Idea

Here's my problem. If I wash my face at the sink, can I say 샤워해요? It feels like washing, right?

좋은 질문이에요. 세수해요 is for washing your face, usually at the sink. 샤워해요 is for washing your body under a shower.

And 양치해요 is brushing your teeth. 목욕해요 is taking a bath, or a bath-like full-body wash.

오늘의 패턴은 noun plus 해요예요. In English, think, do brushing teeth, do face washing, do a shower, do a bath. In natural English, we say brush, wash, shower, bathe.

Conversation Snapshot

Speaker	Korean	Meaning
Hana	아침에 뭐 해요? —	What do you do in the morning?
Junho	저는 양치하고 세수해요. —	I brush my teeth and wash my face.



Speaker	Korean	Meaning
Hana	저녁에는 샤워해요? —	Do you shower in the evening?
Junho	네, 샤워해요. 가끔 목욕해요. —	Yes, I shower. Sometimes I take a bath.

Vocabulary & Useful Expressions

Word	Meaning	Example
양치해요 · 세수해요 · 샤워해요 · 목욕해요 yangchihaeyo · sesuhaeyo · syawohaeyo · mogyokhaeyo	brush teeth · wash face · shower · bathe	And 양치해요 is brushing your teeth. 목욕해요 is taking a bath, or a bath-like full-body wash.
N + 해요 N + haeyo	do N; turns many care nouns into everyday verbs	오늘의 패턴은 noun plus 해요예요. In English, think, do brushing teeth, do face washing, do a shower, do a bath. In natural English, we say brush, wash, shower, bathe.
양치 + 해요 → 양치해요 yangchi + haeyo → yangchihaeyo	tooth brushing + do → I brush my teeth	So I can learn the noun, then add 해요 for the routine action? Like 양치 plus 해요?
양치해요 yangchihaeyo	I brush my teeth. / brush teeth.	Exactly. 양치해요 means I brush my teeth, or someone brushes teeth, depending on context.
이를 닦아요 ireul dakkayo	I brush my teeth.	조금 더 구체적으로 말하면, 이를 닦아요 also means I brush my teeth. 이 means teeth, and 닦아요 means wipe, clean, or brush.
세수해요 sesuhaeyo	I wash my face.	Next, 세수해요. 세수 is washing your face, especially at the sink. Not a full shower.
손을 씻어요 soneul ssiseoyo	I wash my hands.	맞아요. If it is hands, Korean usually says 손을 씻어요. 세수해요 is face washing.
샤워해요 syawohaeyo	I take a shower. / I shower.	Now 샤워해요. This is showering, usually standing under running water.



Grammar / Structure Notes

양치해요 · 세수해요 · 샤워해요 · 목욕해요

양치해요 · 세수해요 · 샤워해요 · 목욕해요 — brush teeth · wash face · shower · bathe

Add 해요 to make polite everyday verbs.

N + 해요

N + 해요 — do N; turns many care nouns into everyday verbs

양치하다, 세수하다, 샤워하다, 목욕하다

양치 + 해요 → 양치해요

양치 + 해요 → 양치해요 — tooth brushing + do → I brush my teeth

So I can learn the noun, then add 해요 for the routine action? Like 양치 plus 해요?

양치해요

양치 + 해요 — I brush my teeth. / brush teeth.

Exactly. 양치해요 means I brush my teeth, or someone brushes teeth, depending on context.

이를 닦아요

이 + 를 + 닦아요 — I brush my teeth.

조금 더 구체적으로 말하면, 이를 닦아요 also means I brush my teeth. 이 means teeth, and 닦아요 means wipe, clean, or brush.

Pronunciation Loop

Phrase	How to practice
양치해요	yangchihaeyo
세수해요	sesuhaeyo
샤워해요	syawohaeyo
목욕해요	mogyokhaeyo
양치하고 세수해요	yangchihago sesuhaeyo

Self-Check

- 1 Say 양치 / 세수 / 샤워 / 목욕 three times: slow, natural, then inside a short sentence.
- 2 Write one original sentence that was not in the video.
- 3 Rewatch the YouTube lesson and pause when the same pattern appears.



Related / Subsequent Studies

Lesson	Why study it next	Link
머리 / 얼굴 / 귀 / 입 Naming Your Face and Head	A1 Vocabulary: compare 머리 / 얼굴 / 귀 / 입 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-VOCAB-BOD-002
배 / 등 / 가슴 / 허리 몸통을 가리키는 첫 단어	A1 Vocabulary: compare 배 / 등 / 가슴 / 허리 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-VOCAB-BOD-004
손 / 발 / 눈 / 코 Your First Korean Body Words	A1 Vocabulary: compare 손 / 발 / 눈 / 코 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-VOCAB-BOD-001
팔 / 다리 / 어깨 / 무릎 Naming Your Arms, Legs, and Joints	A1 Vocabulary: compare 팔 / 다리 / 어깨 / 무릎 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-A1-VOCAB-BOD-003

My Notes

Your ladder to fluent Korean. This PDF, the website, and the video lessons are free for personal study.