



Korean Ladder Study Note

멘붕 / 핵 / 짱 / 꿀팁

Everyday Casual Slang

Level	Topic	Focus
B1 · Intermediate TOPIK 3	Colloquial Slang	멘붕 / 핵 / 짱 / 꿀팁 Everyday Casual Slang

Study Links

[Open this lesson on Korean Ladder](https://www.koreanladder.com/lesson.html?id=KOR-B1-COLLOQ-SLG-001)

<https://www.koreanladder.com/lesson.html?id=KOR-B1-COLLOQ-SLG-001>

[Watch the full video on YouTube](https://www.youtube.com/watch?v=dzdkEunNdBw)

<https://www.youtube.com/watch?v=dzdkEunNdBw>

[Visit Korean Ladder for all free lessons](https://www.koreanladder.com)

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Core Idea

My Korean friend texted me 멘붕, and I thought maybe something terrible happened. What does it really mean?

And then I heard 핵노잼, 짱, and 꿀팁 in the same week. I understood every grammar ending, but still felt lost.

좋아요. Today we learn four common slang words: 멘붕, 핵, 짱, and 꿀팁. They are useful, but casual.

These are not just internet abbreviations. Koreans say them out loud, especially in relaxed conversation. The key is register.

Conversation Snapshot

Speaker	Korean	Meaning
Hana	어제 시험 어땠어? —	How was the test yesterday?
Junho	완전 멘붕이었어. 핵어려웠어. —	It was a total meltdown. It was super hard.



Speaker	Korean	Meaning
Hana	그래도 끝까지 봤잖아. 너 짱이다. —	Still, you finished it. You're awesome.
Junho	고마워. 다음 시험 꿀팁 하나 알려 줄게. —	Thanks. I'll give you one great tip for the next test.

Vocabulary & Useful Expressions

Word	Meaning	Example
멘붕 · 핵 · 짱 · 꿀팁 menbung · haek · jjang · kkultip	mental crash · super · the best · great tip	좋아요. Today we learn four common slang words: 멘붕, 핵, 짱, and 꿀팁. They are useful, but casual.
캐주얼 슬랭 kaejueol seullaeng	casual slang	These are not just internet abbreviations. Koreans say them out loud, especially in relaxed conversation. The key is register.
멘붕 menbung	mental breakdown / brain crash	First, 멘붕. It is short for 멘탈 붕괴, mental collapse. In English, it feels like a total brain crash or meltdown.
멘붕이 왔어요 menbung-i wasseoyo	I had a total meltdown	A natural phrase is 멘붕이 왔어요. Literally, a meltdown came. Naturally, I had a total meltdown.
시험이 너무 어려워서 멘붕이 왔어요 siheom-i neomu eoryeowoseo menbung-i wasseoyo	The test was so hard that I had a meltdown	맞아요. 시험이 너무 어려워서 멘붕이 왔어요. The test was so hard that my brain crashed.
핵 + 단어 haek + daneo	super / mega + word	Second, 핵. The original meaning is nuclear, but as slang it means super or mega. You put it before another word.
핵노잼 haengnojaem	super boring / extremely not fun	For example, 핵노잼. 노잼 means no fun, so 핵노잼 means extremely boring or super not fun.
핵꿀잼 haekkkuljaem	super fun	Then 핵꿀잼 would be super fun, right? Same 핵, opposite feeling.



Grammar / Structure Notes

멘붕 · 핵 · 짱 · 꿀팁

멘붕 · 핵 · 짱 · 꿀팁 — mental crash · super · the best · great tip

Useful with friends and peers

캐주얼 슬랭

캐주얼 슬랭 — casual slang

Meaning plus situation matters

멘붕

멘 + 붕 — mental breakdown / brain crash

First, 멘붕. It is short for 멘탈 붕괴, mental collapse. In English, it feels like a total brain crash or meltdown.

멘붕이 왔어요

멘붕이 + 왔어요 — I had a total meltdown

A natural phrase is 멘붕이 왔어요. Literally, a meltdown came. Naturally, I had a total meltdown.

멘붕이 왔어요

멘붕이 왔어요 — My brain crashed / I had a meltdown

Use for overwhelm or shock

Pronunciation Loop

Phrase	How to practice
멘붕이 왔어요	menbung-i wasseoyo
이 꿀팁 진짜 짱이에요	i kkultip jinjja jjang-ieyo
짱	jjang

Self-Check

- 1 Say 멘붕 / 핵 / 짱 / 꿀팁 three times: slow, natural, then inside a short sentence.
- 2 Write one original sentence that was not in the video.
- 3 Rewatch the YouTube lesson and pause when the same pattern appears.

Related / Subsequent Studies



Lesson	Why study it next	Link
위라벨 / 금수저 / 갓생 Slang About Life and Society	C1 Colloquial: compare 위라벨 / 금수저 / 갓생 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-C1-COLLOQ-SLG-001
인싸 / 아싸 / 갑분싸 / 꿀잼 Trendy Korean Internet Slang	B2 Colloquial: compare 인싸 / 아싸 / 갑분싸 / 꿀잼 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-002
점메추 / 별다줄 / 알잘딱 Korean Abbreviation Slang	C1 Colloquial: compare 점메추 / 별다줄 / 알잘딱 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-C1-COLLOQ-SLG-002
헐 / 대박 / 진짜 Everyday Korean Slang Reactions	B2 Colloquial: compare 헐 / 대박 / 진짜 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-001

My Notes

Free Korean lessons, one rung at a time. This PDF, the website, and the video lessons are free for personal study.