



Korean Ladder Study Note

팩폭 / 억까 / 선 넘네

Slang for Blunt Truth and Crossing Lines

Level	Topic	Focus
B2 · Upper-Intermediate TOPIK 4	Colloquial Slang	팩폭 / 억까 / 선 넘네 Slang for Blunt Truth and Crossing Lines

Study Links

Open this lesson on Korean Ladder

<https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-006>

Watch the full video on YouTube

<https://www.youtube.com/watch?v=e66H6CW3bu4>

Visit koreanladder.com for all free lessons

<https://www.koreanladder.com>

Core Idea

I see comments like 팩폭, 억까, 선 넘네, and 손절각 all the time. Are these just funny slang, or am I accidentally starting a fight?

좋은 질문이에요. These words are social-force words. They describe truth, blame, boundaries, and emotional shutdown.

오늘 핵심은 뜻만 외우는 게 아니에요. 누가, 누구에게, 어떤 분위기에서 말하는지가 중요해요.

첫 번째 표현은 팩폭이에요. 팩트 폭행을 줄인 말이고, 듣기 아프지만 사실이라고 느껴지는 말을 가리켜요.

Conversation Snapshot

Speaker	Korean	Meaning
Hana	방금 그 말은 좀 선 넘었어. —	What you just said kind of crossed the line.



Speaker	Korean	Meaning
Junho	그래? 난 팩폭이라고 생각했는데. —	Really? I thought it was a blunt truth.
Hana	팩폭이 아니라 억까처럼 들렸어. —	It didn't sound like a blunt truth; it sounded like unfair bashing.
Junho	아, 그래서 다들 정색했구나. —	Ah, so that's why everyone went cold.
Hana	응. 계속 그러면 진짜 손절각이야. —	Yeah. If you keep doing that, people may really cut ties.

Vocabulary & Useful Expressions

Word	Meaning	Example
팩폭 paek-pok	a painful but true blunt hit; “fact-bombing”	첫 번째 표현은 팩폭이에요. 팩트 폭행을 줄인 말이고, 듣기 아프지만 사실이라고 느껴지는 말을 가리켜요.
이건 좀 팩폭이야 i-geon jom paek-po-gi-ya	This is kind of a blunt truth hit.	예를 들어, 친구가 계속 지각하면 이렇게 말할 수 있어요. 너 맨날 늦어. 이건 좀 팩폭이야.
좀 팩폭이야 jom paek-po-gi-ya	It is kind of a blunt truth hit.	여기서 좀 softens it a little. In English, it is like saying “kind of” before something sharp.
억까 eok-kka	unfair criticism; forced bashing	두 번째 표현은 억까예요. 억지로 까다, meaning criticizing or attacking someone unfairly.
증거 없이 몰아가면 억까처럼 느껴져요 jeung-geo eop-si mo-ra-ga-myeon eok-kka-cheo-reom neu-kkyeo-jyeo-yo	If someone keeps pushing a claim without evidence, it feels like 억까.	예를 들면, 증거 없이 계속 몰아가면 억까처럼 느껴져요.
선을 넘다 seon-eul neom-da	to cross the line; to go too far	세 번째는 선 넘다예요. Literally, to cross the line. Socially, it means someone went too far.
선 넘네 seon neom-ne	That crosses the line.	대화에서는 선 넘네가 아주 자주 나와요. It means, “That crosses the line,” or “You went too far.”
그 말은 선 넘었어 geu ma-reun seon neo-meo-sseo	That comment crossed the line.	가능해요. But tone matters. 선 넘네 can protect a boundary, but it can also sound like a warning.



Grammar / Structure Notes

누가 누구에게 말하나요?

누가 누구에게 말하나요? — Who is saying it to whom?

Context controls how aggressive the slang feels.

팩폭

팩폭 — a painful but true blunt hit; “fact-bombing”

Short for 팩트 폭행, literally “fact assault.”

이건 팩폭이야.

이건 팩폭이야. — This is a blunt truth hit.

Can sound harsh if you say it about your own criticism.

이건 좀 팩폭이야

이 + 건 + 좀 + 팩폭 + 이야 — This is kind of a blunt truth hit.

예를 들어, 친구가 계속 지각하면 이렇게 말할 수 있어요. 너 맨날 늦어. 이건 좀 팩폭이야.

좀 팩폭이야

좀 + 팩폭 + 이야 — It is kind of a blunt truth hit.

여기서 좀 softens it a little. In English, it is like saying “kind of” before something sharp.

Pronunciation Loop

Phrase	How to practice
팩폭	paek-pok
억까	eok-kka
팩폭 · 억까 · 선 넘네	paek-pok · eok-kka · seon neom-ne
방금 그 말은 좀 선 넘었어	bang-geum geu ma-reun jom seon neo-meo-sseo
솔직히 말하면, 그건 좀 공정하지 않은 것 같아요	sol-ji-ki mal-ha-myeon, geu-geon jom gong-jeong-ha-ji a-neun geot ga-ta-yo

Self-Check

- 1 Say 팩폭 / 억까 / 선 넘네 three times: slow, natural, then inside a short sentence.
- 2 Write one original sentence that was not in the video.
- 3 Rewatch the YouTube lesson and pause when the same pattern appears.



Related / Subsequent Studies

Lesson	Why study it next	Link
가성비 / 가심비 / 플렉스 / 득템 소비 세대의 신조어	B2 Colloquial: compare 가성비 / 가심비 / 플렉스 / 득템 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-003
국룰 / 인정 / 반박불가 Slang for Consensus and 'Can't Argue'	B2 Colloquial: compare 국룰 / 인정 / 반박불가 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-005
손절 / 사바사 / Slang About Relationships and Oversharing	B2 Colloquial: compare 손절 / 사바사 / with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-004
인싸 / 아싸 / 갑분싸 / 꿀잼 Trendy Korean Internet Slang	B2 Colloquial: compare 인싸 / 아싸 / 갑분싸 / 꿀잼 with this lesson so the boundary becomes clearer.	Open lesson https://www.koreanladder.com/lesson.html?id=KOR-B2-COLLOQ-SLG-002

My Notes

Your ladder to fluent Korean. This PDF, the website, and the video lessons are free for personal study.